



ADVENTURES DONE RIGHT



2024

Whistler BC, Canada

Introduction.....	1
Location.....	2
Safety & staff.....	3
Insurance & medical care	3
Sample daily schedule.....	4
Camp activities.....	5
Accommodation.....	6
Meals.....	7
Packing list.....	8
Electronic devices.....	9
Check in / Check out.....	9
Camp fees.....	10
Add ons.....	11
Trip / Travel Insurance.....	11
Epic Camp Banff, AB.....	12
Whistler - Banff road trip.	13
Payments & registration...	14
Additional information.....	14
Laundry.....	15
Q&A.....	15
Co-Founders.....	16
Register.....	17

INTRODUCTION

Welcome to EPIC CAMPS!! Our Canadian outdoor summer adventure camp, where children and teens come together to explore the beauty of nature and engage in exciting outdoor activities.

Located in the mountains of Whistler, one of British Columbia's outdoor gems, our camp offers a unique opportunity for children to unplug from technology and immerse themselves in the great outdoors. Our experienced and enthusiastic staff lead campers on adventures such as hiking, camping, canoeing, biking, and bonfires under starry skies.

Our goal is to provide a safe and memorable experience that inspires a lifelong love for the outdoors and creates lasting friendships from all over the world.

Join us for a summer of fun, challenge, and growth!

CAMP DATES 2024

From ages 8 to 19 years old.

Overnight + Day Camps

Week 1 – Whistler BC:

Sat 13th July - Sat 20th July 2024

Week 2 – Whistler BC:

Sat 20th July - Sat 27th July 2024

Week 3 – Banff AB:

Thu 1st August - Sat 10th August 2024

WWW.EPICCAMPS.COM





LOCATIONS

Mailing address:

EPIC CAMPS

102-4369 Main St.

Whistler, BC. V8E 1B7.

Whistler Summer Camp address:

(no mail here please)

1080 Legacy Way

Whistler, BC. V8E 0K3

Banff Summer Camp address:

(no mail here please)

201 Indian Flats Rd.

Canmore, AB. T1W 2T8





SAFETY & STAFF

Safety is our #1 priority! All of our camp activities and excursions are carefully planned to prevent accidents and maximize the safety of all our campers and staff.

We have a minimum of 1 counsellor for every 7 campers, plus CITs (Counselors In-Training), senior staff, camp security, and athlete centre staff. Our counselors and staff members are carefully selected and trained.

Most of our staff are between 20-34 and come from a variety of backgrounds: bilingual or trilingual, gregarious and fun! They are trained and **Certified in Wilderness First Aid & CPR** and have cleared a criminal background check.

INSURANCE & MEDICAL CARE

International children must have a valid International Medical Insurance. Without this insurance Epic Camp may not receive your child. Parents please remember to provide all information and details in your application form.

Children who are not covered by a Canadian medicare plan may be billed if outside medical, dental or pharmaceutical services are required.



"An ounce of prevention is worth a pound of cure."



SAMPLE DAILY SCHEDULE

- 7:30am Wake up and get ready for the day!
- 8:00am Healthy breakfast made by our chef.
- 9:00am Mountain biking, hiking, kayaking, canoeing, zip-lining, white water rafting.
- 12:30pm Lunch break.
- 13:30pm Continuation of outdoor activities.
- 17:00pm Transportation back to athlete centre and relax time.
- 18:00pm Dinner.
- 19:00pm Evening games and activities.
- 21:00pm Snacks.
- 21:30pm Lights out.

Thursday to Friday is usually overnight TENT camping.

Saturdays check in/out, clean up room. Those staying 2 weeks do their laundry, relax, go mountain biking and activities at the Whistler Athlete Centre.

Camp Organization by ages

Juniors: ages 8 to 11

Teens: ages 12 to 14

CIT's: ages 15 to 19

Groups are co-ed. Meaning they are mixed boys and girls



CAMP ACTIVITIES

Mountain Biking + SUP paddle boarding + Zip lining + Kayaking + Hiking & Backpacking + White Water Rafting + Swimming in Lakes + Canoeing + Bonfires + Excursions + Overnight Camping.

Adventures With Us



ACCOMMODATION

The EPIC CAMPS Whistler residence is located at the Whistler Olympic Athlete Centre, a safe, clean and centrally located basecamp for all our camp adventures.



- Campers sleep in double occupancy bedrooms.
- There is an optional upgrade for single rooms at a cost of +\$95 USD per night *based on availability.
- Girls sleep separately from boys (No co-ed rooms) Boys with boys and girls with girls only.
- Camp staff patrols the residence 24/7 to supervise and assist campers.
- A camp nurse is available 24/7 to take care of all health related matters.

Amazing food

MEALS

We welcome campers from many different countries with their different palates. Our menu is created by our in-house nutritionist who works with the kitchen staff to make healthy and delicious meals for the kids and staff. All food is locally and freshly purchased with the goal of providing the energy children need for highly active days.

Sample weekly menu

Mon	Tue	Wed	Thu	Fri	Sat	Sun
BREAKFAST						
Milk. Juice. Water. Fruit Mixed pastries. toast & hash-browns Scramble eggs & sausage	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk. Juice. Water. Fruit Mixed pastries, toast & hash-browns Scramble eggs & bacon	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk. Juice. Water. Fruit Mixed pastries. toast & hash-browns Scramble eggs & sausage	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk, Juice. Water, Fruit Mixed pastries. toast Scrambled eggs & bacon
LUNCH						
Juice, water Spaghetti bolognese, salad	Juice, water Ham subs with salad	Juice, water Fettuccini Alfredo w/chicken. salad	Juice, water Cesar salad with chicken	Juice, water Pizza, salad & fries.	Juice box. cookie and fruit Ham sandwich, carrots.	Soda, water. Chicken & beef pita, rice salad
DINNER						
Tao Chicken & Rice Steam carrot, broccoli, peas Dessert	Beef Cannelloni Mashed potato, carrots coleslaw & dessert	Turkey drumsticks Rice, Salad bar. Dessert	Beef & broccoli Rice, coleslaw carrots & dessert	Fish & chips Lyonnaise potatoes Salad bar. dessert	Cheese burgers & fries Tomato, lettuce, onion. Dessert	Lasagna & garlic bread Salad bar Dessert
EVENING SNACK						



PACKING LIST

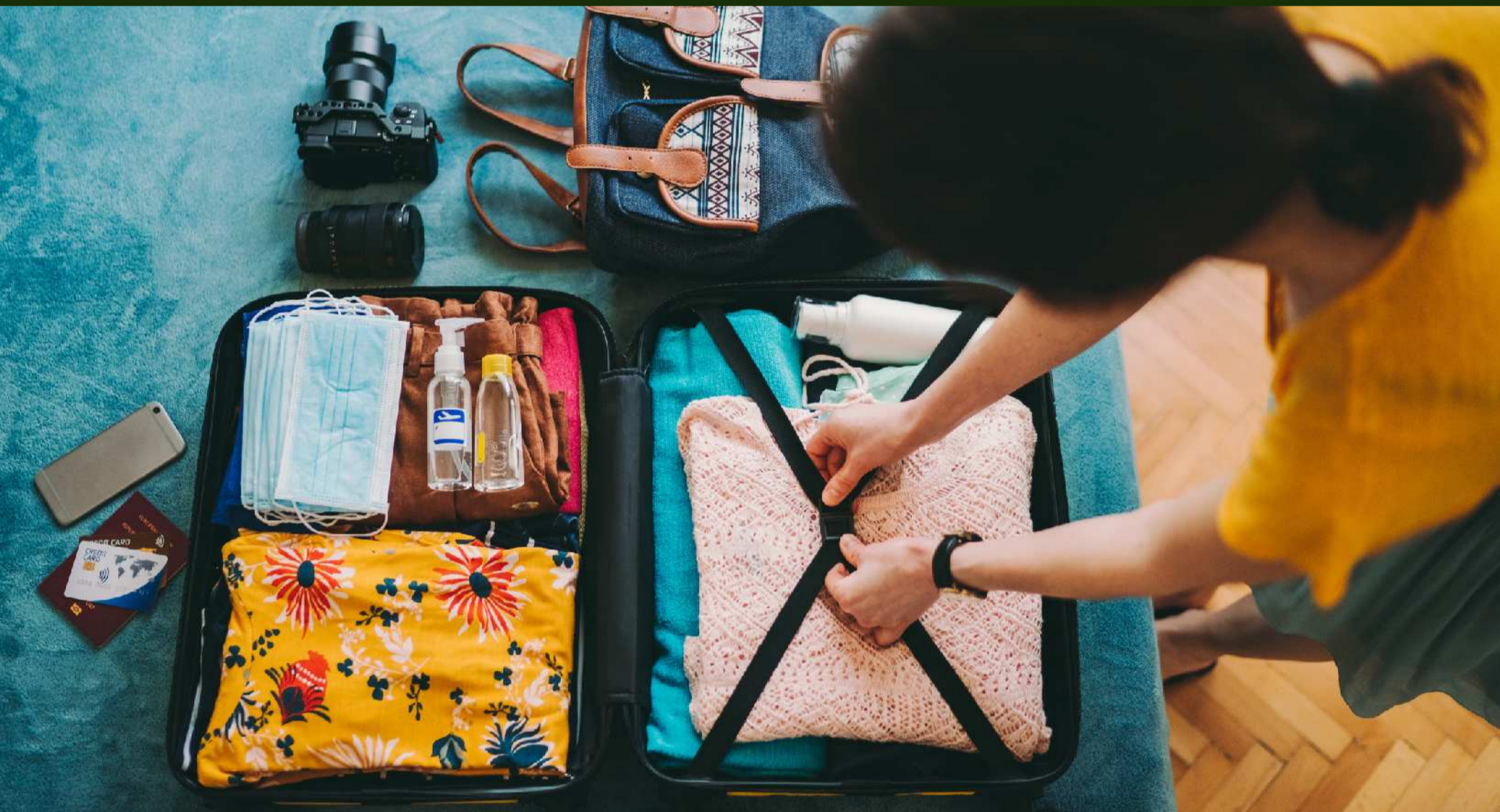
lets go!

This list provides a guideline of what is needed at camp. 2 x duffle bags per person are permitted. Please avoid trunks or rigid suitcases.

The camp provides: Kayaks, canoes, transportation, meals, tents, sleeping pads, helmets, and other sports gear. Rentals for bikes, knee and elbow pads are available for those not bringing their own bikes & gear.

It is essential to attach name tags to every article of clothing, bedding and equipment.

Care should be taken to see that name tags are wash proof and securely ironed or sewn on. Mark all footwear and equipment.



- Comfortable athletic and casual clothing.
- We recommend that kids bring one set of Merino wool base layers.
- T-shirts + shorts.
- Hiking boots, running shoes, and sandals (croc's or water shoes).
- Rain jacket + rain trousers.
- Hat and sunscreen to protect from the sun.
- Water (1 L) bottle to carry all day to keep hydrated.
- Bathing suit and 2 towels for showering and swimming in the lake.
- Insect repellent.
- Sweater and warm pants.
- Personal hygiene items (tooth brush/paste, soap, shampoo, etc).
- A headlamp and batteries.
- Musical instruments such as guitar, flute, harmonica, etc (optional).
- Summer sleeping bag rated to at least 5 c.

Important notes:

Campers must wear the camp t-shirt every day for easy visual identification as the groups move through their daily activities. They will get one t-shirt the first day of camp and you can purchase additional t-shirts if needed.



ELECTRONIC DEVICE POLICY

This is such a special opportunity for kids to truly connect with nature, the outdoors and interact with others. Therefore computers, tablets and video games are not allowed at camp. However electronic readers, music players and photo cameras will be allowed at certain times of the day. Cell phones are allowed to call home.

Electronic devices will be stored in the camp's office for safety. Campers will have access to their electronics upon authorization of the staff.

Spend time Outdoors!

CHECK IN / OUT

Camp Check In

Arrivals are on Saturdays at 3 pm
at the camp-ground address below:

Whistler Athlete Centre

1080 Legacy Way
Whistler, BC. V8E 0K3.

If you need airport transportation, please request it in the registration form and submit a completed Airport Transportation Request Form.

Camp Check Out

Departures. Saturdays at 10 am. Airport transfers will be addressed individually depending on the travel times.

**Our 2024 Rockies camp arrival/departure is from Calgary international airport.





2024 pricing

We have several options and combinations of weeks that can be easily selected individually or combined!

WHISTLER WEEK 1	WHISTLER WEEK 2	COMBO WEEKS 1 + 2	BANFF, ALBERTA EPIC CAMP
\$1.950 USD*	\$1.950 USD*	\$3.700 USD*	\$2.490 USD*
8 day overnight camp Whistler	8 day overnight camp Whistler	15 day overnight camp Whistler	10 day overnight camp through the Rockies, Banff AB
Sat 13th July - Sat 20th July 2024	Sat 20th July - Sat 27th July 2024	Sat 13th July - Sat 27th July 2024	Thu 1st August - Sat 10th August 2024

Day camps, Whistler
\$495 USD* - 5 days
 Available for Whistler only. Mon to Fri.
 Parents drop off your child 9am and pick up 4pm
 (5 days)

*All prices subject to +5% GST tax

OVERNIGHT & COMBO CAMP FEES INCLUDE

- 24/7 supervision by our staff.
- Accommodation in a double room.
- 3 meals and 1 snack per day.
- 1 Camp T-Shirt.
- All activities, transportation, games and excursions.
- Laundry load (for 2-week session only).
- Check-in: Sundays 3pm, dinner included.
- Check-out: Sundays 10am, breakfast included.

SIBLING DISCOUNTS

- -5% off the 2nd sibling.
 - -10% off the 3rd or more sibling.
- Discount applies for camp fee only, not add-ons.
- Camp fees subject to +5% GST tax. Tax is deductible as childcare expenses for Canadians. Request your tax slip at the end of the year.

ADD-ONS

- ▼ **TRANSFERS** Vancouver YVR Airport pick up and drop off 10am and 6pm. + \$125 USD each way.

Please see the airport transportation request form to review terms and conditions.

- ▼ **CAMP PHOTOS** + \$99 USD.

Get all the spectacular camp photos in digital HD resolution.

- ▼ **FULL PHOTO AND VIDEO PACKAGE** + \$175 USD.

Get all photos and videos for a reduced price.

- ▼ **SINGLE ROOM** + \$760 USD per week

- ▼ **EXTRA CAMP T-SHIRT** + \$30 USD each

The camp t-shirt is mandatory for all camp excursions and adventures. Campers may use their own clothes the rest of the time.

- ▼ **ZIP LINE & AERIAL OBSTACLE COURSE DAY** + \$199 USD.

This optional activity day is an amazing experience for those who love adrenaline packed adventures.

- ▼ **BIKE RENTAL** + \$75 USD *includes helmet.

Kids are encouraged to bring their own bikes - however those that prefer can rent one.

- ▼ **SLEEPING BAG** \$45 USD.

- ▼ **ROAD TRIP** - Whistler to Banff (27 July - 1 Aug)

Our optional Whistler to Banff road trip transfer for kids doing Week 2 Whistler and want to continue on to our Banff Camp is available at \$990 USD. This includes transport, counselor supervision, all meals, accommodation and activities along the way.



TRIP / TRAVEL & CANCELLATION INSURANCE

We strongly recommend you purchase travel insurance to provide reimbursement in the event your child is unable to attend. This insurance should be purchased at about the same time as enrolment. The insurance should specifically cover summer camp and outdoor adventure programmes: Allianz, Trav Mark, Travel Guard International, and InsureMyTrip.com are a few reputable providers families have used in the past.

CANCELLATION / REFUND POLICY

Please visit our website at www.epiccamps.com for our cancellation and refund policies.



Epic Camps - Banff, 2024

Welcome to Epic Camps Banff!

Our campers embark on a 10-day adventure that promises an unforgettable experience amidst the breathtaking landscapes of the great Canadian Rockies! As we journey through the picturesque & untamed wilderness of Canmore, Banff, and Jasper, our young adventurers will have the extraordinary opportunity to discover the pristine beauty of Canada's nature while trekking through lush forests, paddling serene lakes, mountain biking and stargazing from our campsite under the vast skies.

At Epic Camps Banff, we firmly believe in the power of nature to inspire and educate. Our dedicated team of passionate guides and instructors is committed to creating a safe and nurturing environment where kids can cultivate a profound appreciation for the outdoors and forge lifelong memories with new friends. Every moment will be infused with excitement, discovery, and camaraderie.

Let the natural wonders of the Rockies ignite the spirit of exploration within each young adventurer!





Transfer option Whistler to Banff

For parents wanting to combine Whistler + Banff camps for their child. Whistler "Week 2" camp ends Sat 27th July and our Banff camp starts Thu 1st August 2024.

There is a 6 day transfer period in between camps. Parents may arrange their own transfer for their child to Calgary International Airport - Alberta or our Base Camp Lodge or select our Epic Camp transfer (5 day road trip) from Whistler to Calgary for \$990 usd per child (27th July to 1st August 2024)

This is a road trip including transportation, all meals, counselor supervision, camping and activities along the way.

PAYMENTS AND REGISTRATION

2024 pricing

A \$1,000 USD registration fee is required to secure your child's place for our 2024 Summer Camps.

Remaining balance: payments to be received by June 15th 2024 latest.

Method of payment can be by:

- Direct deposits to our CIBC bank.
- Payable by Visa or Mastercard (+ 2.4% admin fee for credit cards).
- International wire transfers + \$25 usd fee.
- Early Birds receive -10% discount for bookings made before 15th January.

For credit card payments please visit our website

www.epiccamps.com

For deposits to CIBC bank or International wire payments.

Bank name: CIBC

Bank address:

102-4338 Main Street

Whistler, BC. V8E 1B4

Account name: Adventures Done Right Expeditions Inc.

Account details:

Institution #010

Transit account: 02600

Account # 0200816

SWIFT: CIBCCATT

ADDITIONAL INFO

COMMUNICATING WITH CAMPERS

Campers can contact their parents anytime during their free time either by phone or email using their own phone or the camp's phone/computer.

Parents contacting their children:

For non-emergencies please send a letter to your child/children by email to info@epiccamps.com our staff will pass the message along.

This method helps us keep the camp line available for emergency situations, it also helps your children integrate better and faster at camp. You may also request a phone call from your child by email.

For emergencies, please call or email us. The camp line is open 24/7, however avoid non-emergency calls after 10 pm and before 8 am as our staff also need a good rest.



LAUNDRY

Camp fees include one load of laundry (washer, dryer and detergent) for the 2 week session. Laundry day is on Sundays. Make sure your child has enough clean clothing for the first week. Counselors may help campers to do their laundry for an additional cost of \$8 to \$12 per load.

Q & A

Choosing a camp for your child is an exciting task! We understand you have many questions and need to feel assured the decision you are making is the right one. Being parents ourselves, we recognize and appreciate the trust you place in us to care for the most important person in the world, your child.

Please visit www.epiccamps.com where we have put together a comprehensive list of questions and answers in the hope of giving you as much information and clarity as possible.

CO-FOUNDERS

Adventure overload! EPIC CAMPS is owned and operated by Roberto and Andrew who are also the founders of **Adventures Done Right**. Along with their team, they lead our groups on spectacular adventures hiking, kayaking, camping, biking, star-gazing, paddle-boarding, mountain biking, zip-lining and white water rafting.



Andrew Falasco was born in the UK to English & Italian parents who moved to Mexico when he was a boy. At the age of 15 he attended a Survival Camp in northern Scotland that marked him for life and inspire him to keep exploring the outdoors. After graduating from Business University with honors in Switzerland Andrew fell in love with the mountains and has since gone on to climb some of the highest and emblematic peaks around the world from the Matterhorn in Switzerland, Huascarán in Peru and Denali – N. America's highest peak and coldest on earth.

Andrew has worked and lived in 6 different countries over the past 20 years having managed operations for luxury Hotel brands after finally settling back down in Mexico.

However his passion has always remained for travelling and the outdoors, which led to his co-founding Adventures Done Right Expeditions and Epic Camps along with his business partner Roberto Gibbons.

Andrew is the proud father of two boys, Emiliano and Nicolas. He is an avid sailor and holds an RYA Yachtmaster Offshore sailing qualification, he is also certified in Wilderness First Aid, enjoys running, cycling and has competed in several triathlons and half-ironmans including the famous Escape from Alcatraz Triathlon in San Francisco. He speaks fluent English, Spanish, Italian, French and some Portuguese.



Roberto Gibbons Gomez was born and raised in Montreal, Canada, to a Mexican mother and Canadian father. He is a backcountry explorer, kitesurfer, professional expeditioner, entrepreneur, photographer, videographer, influencer and bon vivant. With over 35 countries traversed – Roberto joie de vivre permeates through all he creates.

His thirst for adventure came from attending kids camps in Eastern Canada. Always smiling, you can find him kiting in the Turks & Caicos Islands, searching for Northern Lights in Yellowknife, float plane biking in the Chilcotins, kayaking in Iceland's glacial lagoons, biking in Whistler or camping in some of the most spectacular places in the world while shooting for renowned brands.

Father of four, Mikio, Catalina, Ariella and Athena, Roberto is no stranger to entertaining kids. Indeed, he often includes them in his shoots for brands like Thule, Nemo Equipment, Tourism Whistler, WhistlerBlackcomb, Jeep, Airstream, Trek, Quietkat, Pelican and many more.

Co-Founder of Adventures Done Right & Epic Camps with Andrew – in a few years only, the world of possibility expanded exponentially. Follow along via @expedsroberto on the day to day.

Roberto speaks fluent English, French and Spanish.



ADVENTURES DONE RIGHT

2024

REGISTER NOW

WWW.EPICCAMPS.COM

info@epiccamps.com

Whistler BC, Canada

Summer Camp address: (no mail here please)

Whistler Athlete Centre

1080 Legacy Way

Whistler, BC. V8E 0K3.

Mailing address:

EPIC CAMPS

102-4369 Main St.

Whistler, BC. V8E 1B7.