



ADVENTURES DONE RIGHT



2024

SKI & SNOWBOARD CAMP

Whistler BC, Canada



Introduction.....	1
Location.....	2
Safety & staff.....	3
Insurance & medical care	3
Sample daily schedule.....	4
Ski / Snowboard.....	5
Accommodation.....	6
Meals.....	7
Packing list.....	8
Electronic devices.....	9
Check in / Check out.....	9
Camp fees.....	10
Add ons.....	11
Trip / Travel Insurance.....	11
Payments & registration...	12
Additional information.....	13
Laundry.....	13
Q&A.....	13
Co-Founders.....	14
Register.....	15



# INTRODUCTION

Welcome to EPIC CAMPS Ski & Snowboard edition! Get ready for an unforgettable Canadian winter adventure where children and teens come together to embrace the wonders of nature and take part in thrilling outdoor activities.

Nestled in the breathtaking mountains of Whistler, one of British Columbia's outdoor gems, our camp offers a unique opportunity for children to disconnect from technology and fully immerse themselves in the beauty of the great outdoors. Led by our experienced and passionate staff, campers embark on exhilarating adventures like skiing, snowboarding, snowshoeing, and even winter bonfires beneath starry skies.

At EPIC CAMPS, our mission is to provide a safe and unforgettable experience that ignites a lifelong passion for nature and fosters friendships that span the globe.

Join us for a winter full of fun, challenges, and personal growth!

## CAMP DATES 2024

Winter camp ages 10 to 19 years old.

Overnight + Day Camps

Overnight Camp - Whistler:	Sat 23th March - Sat 30th March 2024
----------------------------	--------------------------------------

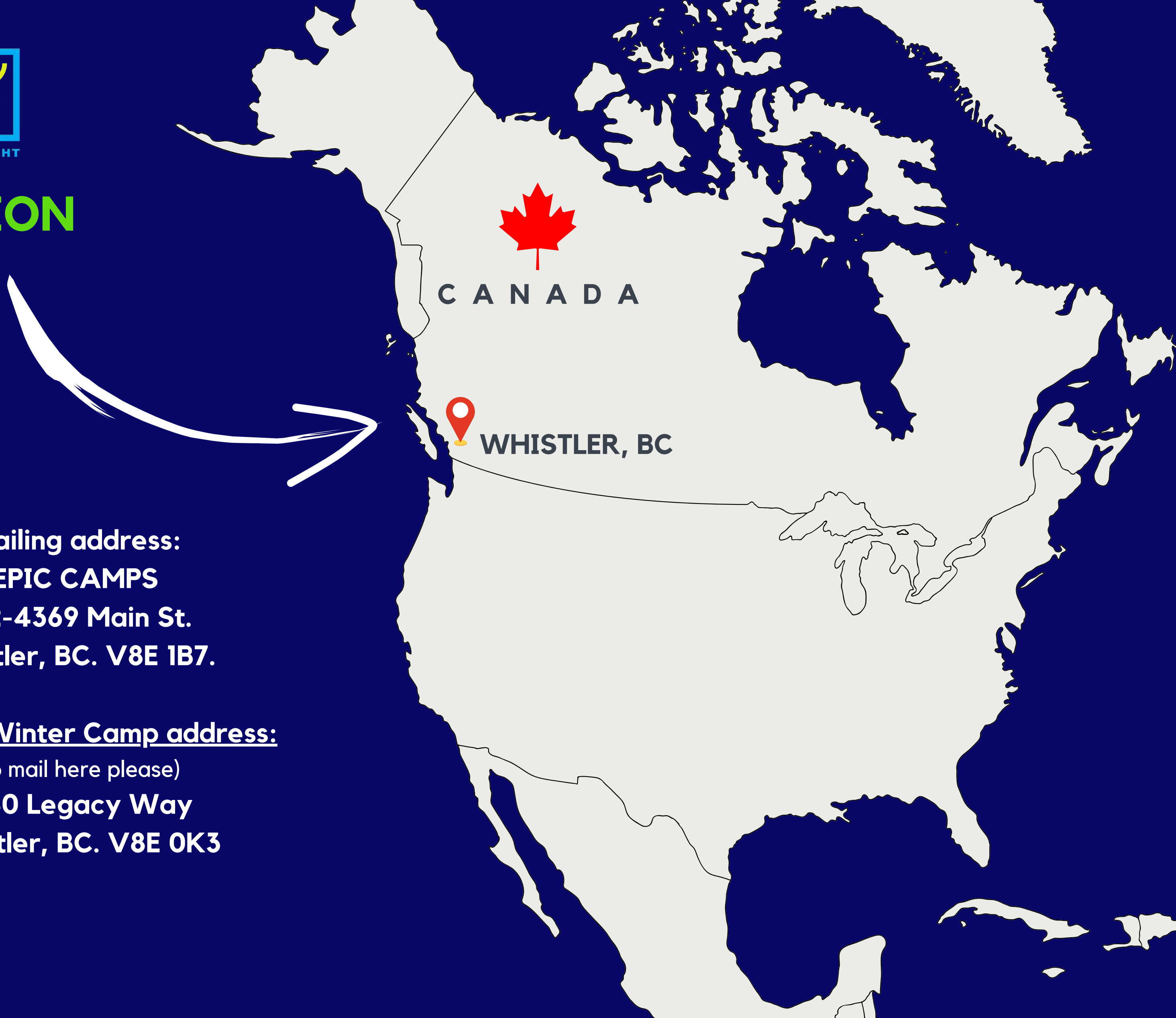
Day Camp - Whistler:	Mon 25th March - Fri 29th March 2024
----------------------	--------------------------------------

WWW.EPICCAMPS.COM





## LOCATION



Mailing address:  
**EPIC CAMPS**  
102-4369 Main St.  
Whistler, BC. V8E 1B7.

Whistler Winter Camp address:  
(no mail here please)  
1080 Legacy Way  
Whistler, BC. V8E 0K3







## SAFETY & STAFF

**Safety is our #1 priority!** All of our camp activities and excursions are carefully planned to prevent accidents and maximize the safety of all our campers and staff.

We have a minimum of 1 counsellor for every 7 campers, plus CITs (Counselors In-Training), senior staff, camp security, and athlete centre staff. Our counselors and staff members are carefully selected and trained.

Most of our staff are between 20-34 and come from a variety of backgrounds: bilingual or trilingual, gregarious and fun! They are trained and **Certified in Wilderness First Aid & CPR** and have cleared a criminal background check.

## INSURANCE & MEDICAL CARE

International children must have a valid International Medical Insurance. Without this insurance Epic Camp may not receive your child. Parents please remember to provide all information and details in your application form.

Children who are not covered by a Canadian medicare plan may be billed if outside medical, dental or pharmaceutical services are required.



*"An ounce of prevention is worth a pound of cure."*



## WINTER SAMPLE DAILY SCHEDULE

- 7:30am Wake up and get ready for the day!
- 8:00am Healthy breakfast made by our chef.
- 9:00am Leave for the mountain for ski/snowboarding & daily activities.
- 12:30pm Lunch break.
- 13:30pm Continuation of activities / Ski, bike, hike, snowshoeing.
- 16:30pm Transportation back to Camp and relax time.
- 18:00pm Dinner.
- 19:00pm Evening games and activities.
- 21:00pm Snacks.
- 21:30pm Lights out.
- Saturdays check in/out, clean up room.

### Camp Organization by ages

Juniors: ages 10 to 12

Teens: ages 13 to 16

CIT's: ages 17 to 19

Groups are co-ed. Meaning they are mixed boys and girls





# SKI & SNOWBOARD REQUIREMENTS

We are excited for the upcoming ski & snowboard camp! As we gear up for an exhilarating week on the slopes, we want to ensure the safety and enjoyment of all our campers.

It is essential that each child possesses a minimum requirement of intermediate ski or snowboard skills to participate in counselor guided activities on the mountain, as we do not provide on-site lessons.

Our dedicated camp staff will conduct a skill evaluation on a pre-run before heading up the mountain to assess the kids' capabilities. If, for any reason, your child does not meet the intermediate skill ski or snowboard requirement, we have an excellent solution available.

Parents can opt to purchase private or group ski or snowboard classes at an additional cost. These lessons must be reserved at least 2 weeks before the camp starts, providing your child the necessary skills to enjoy the mountain safely.

We appreciate your understanding and cooperation in ensuring a fantastic and safe skiing experience for all our campers.

*Adventures Awaits*





# ACCOMMODATION



The EPIC CAMPS Whistler residence is located at the Whistler Olympic Athlete Centre, a safe, clean and centrally located basecamp for all our camp adventures.



- Campers sleep in double occupancy bedrooms.
- There is an optional upgrade for single rooms at a cost of +\$95 USD per night \*based on availability.
- Girls sleep separately from boys (No co-ed rooms) Boys with boys and girls with girls only.
- Camp staff patrols the residence 24/7 to supervise and assist campers.
- A camp nurse is available 24/7 to take care of all health related matters.





MEALS

Amazing food

We welcome campers from many different countries with their different palates. Our menu is created by our in-house nutritionist who works with the kitchen staff to make healthy and delicious meals for the kids and staff. All food is locally and freshly purchased with the goal of providing the energy children need for highly active days.

Sample weekly menu

Mon	Tue	Wed	Thu	Fri	Sat	Sun
BREAKFAST						
Milk. Juice. Water. Fruit Mixed pastries. toast & hash-browns Scramble eggs & sausage	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk. Juice. Water. Fruit Mixed pastries, toast & hash-browns Scramble eggs & bacon	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk. Juice. Water. Fruit Mixed pastries. toast & hash-browns Scramble eggs & sausage	Milk. Juice. Water. Fruit Cereal, yogurt Waffles / pancakes	Milk, Juice. Water, Fruit Mixed pastries. toast Scrambled eggs & bacon
LUNCH						
Juice, water Spaghetti bolognese, salad	Juice, water Ham subs with salad	Juice, water Fettuccini Alfredo w/chicken. salad	Juice, water Cesar salad with chicken	Juice, water Pizza, salad & fries.	Juice box. cookie and fruit Ham sandwich, carrots.	Soda, water. Chicken & beef pita, rice salad
DINNER						
Tao Chicken & Rice Steam carrot, broccoli, peas Dessert	Beef Cannelloni Mashed potato, carrots coleslaw & dessert	Turkey drumsticks Rice, Salad bar. Dessert	Beef & broccoli Rice, coleslaw carrots & dessert	Fish & chips Lyonnaise potatoes Salad bar. dessert	Cheese burgers & fries Tomato, lettuce, onion. Dessert	Lasagna & garlic bread Salad bar Dessert
EVENING SNACK						



# WINTER PACKING LIST

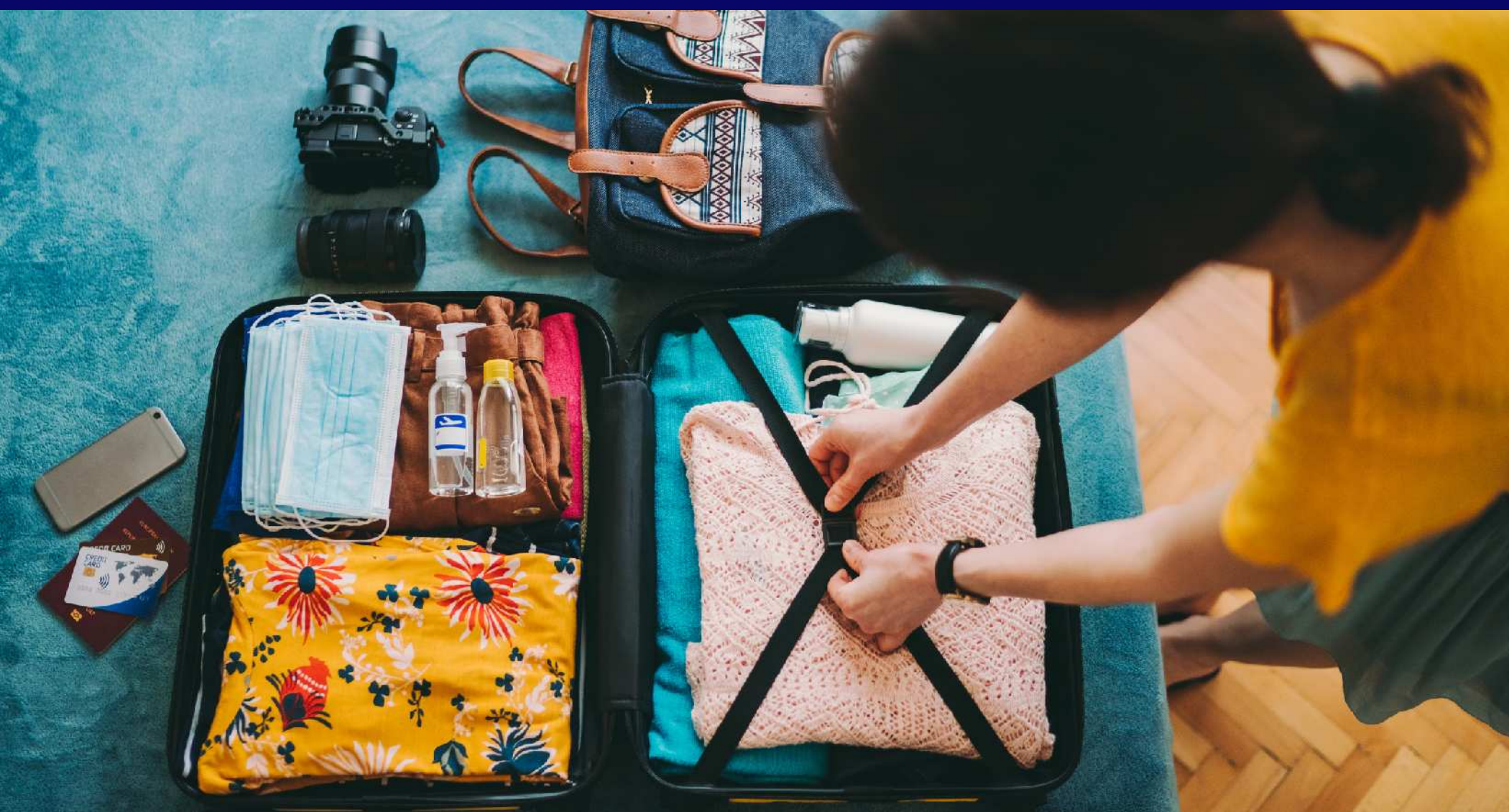
Let's go!

This list provides a guideline of what is needed at camp.  
2 x duffle bags per person are permitted.  
Please avoid trunks or rigid suitcases.

**The camp provides:** Transportation to and from base camp to mountain, all meals, 24 hr counselor supervision on/off mountain and activities.

It is essential to attach name tags to every article of clothing, bedding and equipment.

Care should be taken to see that name tags are wash proof and securely ironed or sewn on. Mark all footwear and equipment.



## ESSENTIAL GEAR

- Comfortable athletic and casual clothing.
- Ski, boots, poles and helmet OR snowboard, boots and helmets.
- We recommend that kids bring at least three sets of Merino wool base layers.
- Ski jacket and pants (waterproof & insulated).
- Fleece jacket and extra warm layers.
- 2 x pairs of snow goretex winter gloves.
- Winter wollen hat, neck warmer.
- Goggles & sunglasses.
- Merino wool socks x 7 pairs.

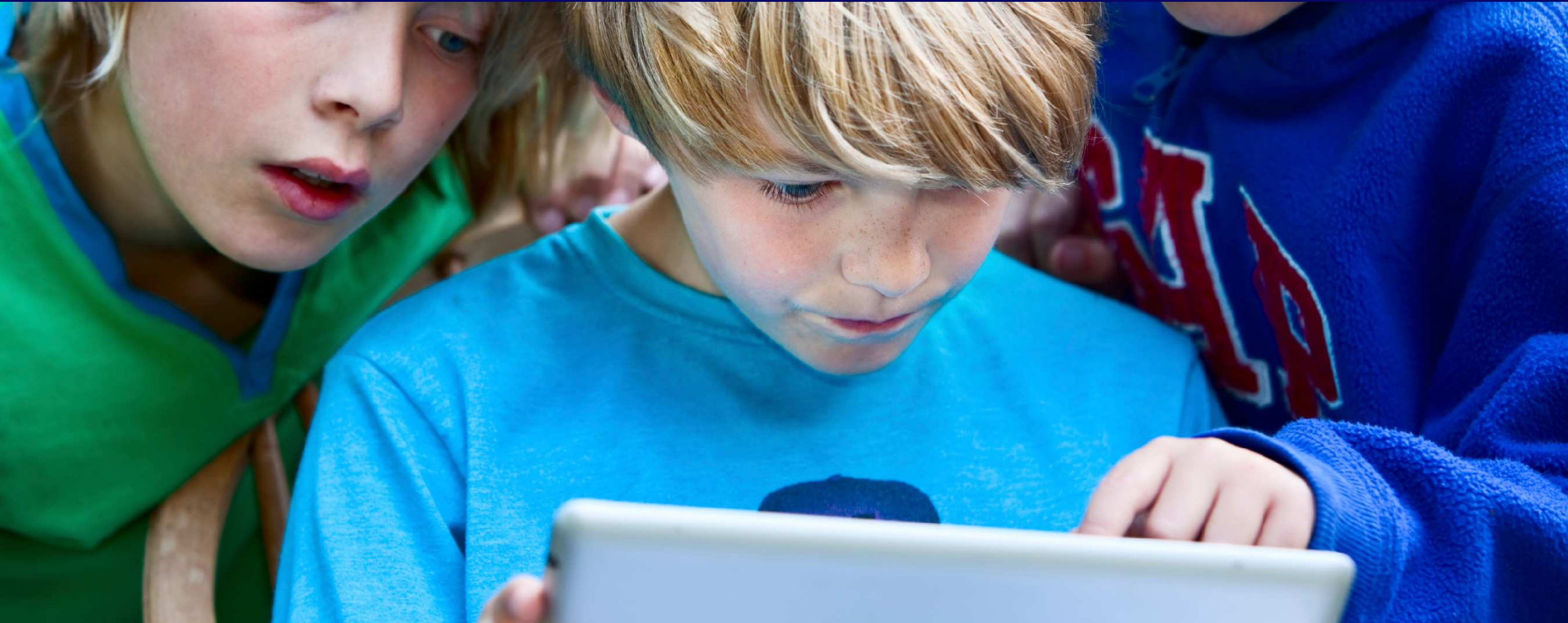
## ESSENTIAL GEAR

- Day pack for peronal items on the mountain.
- Insulated thermos for hot drinks.
- Water bottle.
- Swim suit, sandals & towel for hot tub or pool.
- Winter boots with good grip on soles.
- Personal hygiene items (tooth brush/paste, soap, shampoo, etc).
- Factor +50 SPF face & body sunscreen.
- A headlamp and batteries.
- Books, board games, kindle are welcome.

### Important notes:

Campers must wear the camp vest every day for easy visual identification as the groups move through their daily activities & on the mountain. They will get one vest the first day of camp and you can purchase additional ones if needed.





## ELECTRONIC DEVICE POLICY

**This is such a special opportunity for kids to truly connect with nature, the outdoors and interact with others.** Therefore computers, tablets and video games are not allowed at camp. However electronic readers, music players and photo cameras will be allowed at certain times of the day. Cell phones are allowed to call home.

Electronic devices will be stored in the camp's office for safety. Campers will have access to their electronics upon authorization of the staff.

*Spend time Outdoors!*

## CHECK IN / OUT

### Camp Check In

Arrivals are on Saturdays at 3 pm  
at the camp-ground address below:

### Whistler Athlete Centre

1080 Legacy Way  
Whistler, BC. V8E 0K3.

If you need airport transportation, please request it in the registration form and submit a completed Airport Transportation Request Form.

### Camp Check Out

Departures. Saturdays at 10 am. Airport transfers will be addressed individually depending on the travel times.





## 2024 pricing

We have an "Overnight 1 week" option OR "Day camp" for parents who want to drop off and pick up their kids daily.



### SKI & SNOWBOARD CAMP

8 day overnight camp Whistler

**\$2,450 USD\***

Sat 23rd - Sat 30th March  
*Includes ski pass*

### DAY SKI & SNOWBOARD CAMP

5 day camp - includes ski pass

**\$990 USD\***

Mon 25th to Friday 29th March  
Parents drop off child 9am and pick up 4pm

\*All prices subject to +5% GST tax

#### SKI & SNOWBOARD CAMP FEES INCLUDE

- 24/7 supervision by our staff on & off mountain.
- Twin bed accommodation (2 kids per room).
- Mountain ski lift pass included.
- 3 meals and snacks per day.
- Snowshoeing, Winter bonfires & excursions.
- Afternoon & evening activities.
- Valea Lumina Light show - kids love this!!
- 1 Camp logo vest.
- 1 x Laundry load per week.
- Check-in: Sundays 3pm, dinner included.
- Check-out: Sundays 10am, breakfast included.

If your child has a winter Ski pass or bring their own gear we will discount from the price.

- - \$220 usd if bring their own Ski pass.
- + \$190 usd gear rentals available.

#### SIBLING DISCOUNTS

- -5% off the 2nd sibling.
  - -10% off the 3rd or more sibling.
- Discount applies for camp fee only, not add-ons.

- Camp fees subject to +5% GST tax.
- Tax deductible as childcare expenses for Canadians.
- Request your tax slip at the end of the year.



## WINTER ADD-ONS

**TRANSFERS** Vancouver YVR Airport pick up and drop off  
+ \$125 USD each way.

\*Please see the Airport Transportation Request form to review terms and conditions.

**CAMP PHOTOS** + \$99 USD.

Get all the spectacular camp photos in digital HD resolution.

**FULL PHOTO AND VIDEO PACKAGE** + \$175 USD.

Get all photos and videos for a reduced price.

**SINGLE ROOM** + \$760 USD per week

### SKI PASS

- If your child has a winter Ski pass we will discount from the price.
- - \$220 usd if bring their own Ski pass.

### GEAR RENTAL

- + \$190 usd includes ski/snowboard, boots + helmet

**EXTRA CAMP VEST** + \$30 USD each

Our bright colored camp vest is mandatory for all camp excursions and adventures. Campers may use their own clothes the rest of the time.



## TRIP / TRAVEL & CANCELLATION INSURANCE

We strongly recommend you purchase travel insurance. This insurance should be purchased at about the same time as enrolment. The insurance should specifically cover summer / winter camp and outdoor adventure programmes: Allianz, Trav Mark, Travel Guard International, and InsureMyTrip.com are a few reputable providers families have used in the past.

### CANCELLATION / REFUND POLICY

Please visit our website at [www.epiccamps.com](http://www.epiccamps.com) for our cancellation and refund policies.



## PAYMENTS AND REGISTRATION

### 2024 winter camp pricing

A \$1,000 USD registration fee is required to secure your child's place for our 2024 Overnight Winter Camps.

A \$500 USD registration fee is required for day-only Winter Camp.

Remaining balance: payments to be received by Feb 10th 2024 latest.

Method of payment can be by:

- Direct deposits to our CIBC bank.
- Payable by Visa or Mastercard (+ 2.4% admin fee for credit cards).
- International wire transfers + \$25 usd fee.
- Early Birds receive -10% discount for bookings made before 15th January.

For credit card payments please visit our website

[www.epiccamps.com](http://www.epiccamps.com)

For deposits to CIBC bank or International wire payments.

Bank name: CIBC

Bank address:

102-4338 Main Street

Whistler, BC. V8E 1B4

Account name: Adventures Done Right Expeditions Inc.

Account details:

Institution #010

Transit account: 02600

Account # 0200816

SWIFT: CIBCCATT



# ADDITIONAL INFO

## COMMUNICATING WITH CAMPERS

Campers can contact their parents anytime during their free time either by phone or email using their own phone or the camp's phone/computer.

### Parents contacting their children:

For non-emergencies please send a letter to your child/children by email to [info@epiccamps.com](mailto:info@epiccamps.com) our staff will pass the message along.

This method helps us keep the camp line available for emergency situations, it also helps your children integrate better and faster at camp. You may also request a phone call from your child by email.

For emergencies, please call or email us. The camp line is open 24/7, however avoid non-emergency calls after 10 pm and before 8 am as our staff also need a good rest.



## LAUNDRY

Camp fees include one load of laundry (washer, dryer and detergent) Laundry day is midweek during Winter Camp. However make sure your child has enough clean clothing for their week. Staff may help campers to do their laundry for an additional cost of \$8 to \$12 per load.

## Q & A

**Choosing a camp for your child is an exciting task!** We understand you have many questions and need to feel assured the decision you are making is the right one. Being parents ourselves, we recognize and appreciate the trust you place in us to care for the most important person in the world, your child.

Please visit [www.epiccamps.com](http://www.epiccamps.com) where we have put together a comprehensive list of questions and answers in the hope of giving you as much information and clarity as possible.



## CO-FOUNDERS

Adventure overload! EPIC CAMPS is owned and operated by Roberto and Andrew who are also the founders of **Adventures Done Right**. Along with their team, they lead our groups on spectacular adventures hiking, kayaking, skiing, snowboarding, camping, biking, star-gazing, paddle-boarding, mountain biking, zip-lining and white water rafting.



**Andrew Falasco** was born in the UK to English & Italian parents who moved to Mexico when he was a boy. At the age of 15 he attended a Survival Camp in northern Scotland that marked him for life and inspire him to keep exploring the outdoors. After graduating from Business University with honors in Switzerland Andrew fell in love with the mountains and has since gone on to climb some of the highest and emblematic peaks around the world from the Matterhorn in Switzerland, Huascarán in Peru and Denali – N. America's highest peak and coldest on earth.

Andrew has worked and lived in 6 different countries over the past 20 years having managed operations for luxury Hotel brands after finally settling back down in Mexico.

However his passion has always remained for travelling and the outdoors, which led to his co-founding Adventures Done Right Expeditions and Epic Camps along with his business partner Roberto Gibbons.

Andrew is the proud father of two boys, Emiliano and Nicolas. He is an avid sailor and holds an RYA Yachtmaster Offshore sailing qualification, he is also certified in Wilderness First Aid, enjoys running, cycling and has competed in several triathlons and half-ironmans including the famous Escape from Alcatraz Triathlon in San Francisco. He speaks fluent English, Spanish, Italian, French and some Portuguese. Follow him on @highmountainlife



**Roberto Gibbons Gomez** was born and raised in Montreal, Canada, to a Mexican mother and Canadian father. He is a backcountry explorer, kitesurfer, professional expeditioner, entrepreneur, photographer, videographer, influencer and bon vivant. With over 35 countries traversed – Roberto joie de vivre permeates through all he creates.

His thirst for adventure came from attending kids camps in Eastern Canada. Always smiling, you can find him kiting in the Turks & Caicos Islands, searching for Northern Lights in Yellowknife, float plane biking in the Chilcotins, kayaking in Iceland's glacial lagoons, biking in Whistler or camping in some of the most spectacular places in the world while shooting for renowned brands.

Father of four, Mikio, Catalina, Ariella and Athena, Roberto is no stranger to entertaining kids. Indeed, he often includes them in his shoots for brands like Thule, Nemo Equipment, Tourism Whistler, WhistlerBlackcomb, Jeep, Airstream, Trek, Quietkat, Pelican and many more.

Co-Founder of Adventures Done Right & Epic Camps with Andrew – in a few years only, the world of possibility expanded exponentially. Follow along via @expedsroberto on the day to day.

Roberto speaks fluent English, French and Spanish.





# 2024

**REGISTER NOW**

**[WWW.EPICCAMPS.COM](http://WWW.EPICCAMPS.COM)**

[info@epiccamps.com](mailto:info@epiccamps.com)

## Whistler BC, Canada

Summer Camp address: (no mail here please)

Whistler Athlete Centre

1080 Legacy Way

Whistler, BC. V8E 0K3.

Mailing address:

EPIC CAMPS

102-4369 Main St.

Whistler, BC. V8E 1B7.